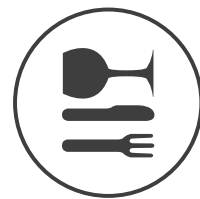


JESPER TORVEKØKKEN

# LUNCH MARKET HALL



## BOWLS

- **Baked cauliflower** tossed with vegan pesto, pasta, grated beetroot, grated carrot, grated courgette, nuts, chervil, chives and parsley (1,4,9,15). Served with vegan pesto (4,9,15). **VE**
- **Hummus with spicy tabouleh**, raisins, cress, semi-dried tomatoes, edamame beans, cabbage and spinach (1,7,8,13,15). Served with spicy-yoghurt -tahini dressing (6,8). **V LF**
- **Tuna marinated with soya dressing**. Glass noodles with sesame, spring onions, seaweed salad, edamame beans, pak choi and spinach. (1,3,7,8,13). Served with sesame soy dressing (1,4,7,8) and chilli and coriander. **LF**
- **Spicy chicken with wheat kernels**, cabbage, spinach, grated carrot, spring onion, chervil, chives and parsley (1,13,15). Served with soya dressing (1,7,11). **LF**
- **Italian ham** with pasta, lettuce, peas, corn, grated carrot, spring onion, chives and cress (1). Served with Thousand Island dressing (1,2,6,11,13,15).
- **Grandma's meatballs** with cold potato salad, with radishes, parsley, chives, peas, spring onions and grated carrot (2,6,11,13). **GF**
- **African beef meatballs** with spicy tabouleh. Salad of cabbage, spinach, cress and raisins (1,2,6,15). Served with mango salsa (13).
- **Beef flank steak in wasabi** with cabbage, spinach, pasta, grated beetroot, peas, spring onions, parsley and cress (1,2,6,7,11,15). Served with parmesan dressing (2,6,11,13,15).

### SYMBOL EXPLANATION

- V** Vegetarian
- VE** Vegan
- LF** Lactose free
- GF** Gluten-free
- GFB** Gluten-free bread option

### ALLERGENS

- |                  |                      |
|------------------|----------------------|
| (1) Gluten       | (10) Celery          |
| (2) Eggs         | (11) Mustard         |
| (3) Fish         | (12) Lupin           |
| (4) Peanuts      | (13) Sulphur dioxide |
| (5) Shellfish    | (14) Molluscs        |
| (6) Milk         | (15) Garlic          |
| (7) Soya         |                      |
| (8) Sesame seeds |                      |
| (9) Nuts         |                      |

## SANDWICH

- **Breaded halloumi** with pickled yellow onions, sandwich garnish and chilli mayo (1,2,6,13,15). **V**
- **Hummus** with grilled peppers, roasted chickpeas, sandwich garnish ((1),8,11,13,15). **VE LF GFB**
- **Egg salad** with grilled peppers, sandwich garnish and herb cream ((1),2,6,11,13,15). **V GFB**
- **Tuna salad** with cabbage, spinach, herbs and sandwich garnish ((1),2,3,6,11,13,15). **GFB**
- **Cold smoked salmon mousse** on cream cheese, sandwich garnish, grilled peppers and herbs ((1),2,3,6,13,15). **GFB**
- **Chicken** with mango salsa, sandwich garnish and curry dressing ((1),2,6,11,13,15). **GFB**
- **Chicken and bacon** with mango salsa, sandwich garnish and curry dressing ((1),2,6,11,13,15). **GFB**
- **Serrano ham** with truffle cream, tomato, mozzarella, sandwich garnish and pesto ((1),2,4,6,13,15). **GFB**
- **Ham and cheese** with mustard mayo, cabbage, spinach and sandwich garnish ((1),2,6,11,13,15). **GFB**
- **Roast beef** with pickles, roasted onions, cabbage, spinach and bearnaise mayo (1,2,6,11,13).

SANDWICH GARNISH CONSISTS OF  
Artichoke, cornichons, semi-dried tomatoes,  
green peppers and parsley leaves.

### BREAD TYPES

Choose from light, dark or gluten-free bread.

TWO  
PIECES  
OPEN

# SANDWICHES

- **Steak tomato** with balsamic baked red onion, chive mayo, chives and sprouts. **Beetroot tartare** with pickled onions, truffle mayo, mushroom dust, grated vegan parmesan and cress ((1), 7, 9, 13, 15), **VE LF GFB**
- **Steak tomato** with balsamic baked red onion, chive mayo, chives and sprouts. **Potato** with wild garlic mayo, fried onions, pickled leek, cress and herbs (1, 2, 7, 11, 13) **VE LF**
- **Beetroot tartare** with pickled onions, truffle mayo, mushroom dust, grated parmesan, cress. **Potato** with wild garlic mayo, roasted onions, pickled leeks and cress herb mix (1, 2, 6, 11, 13), **V**
- **'Smiling eggs'** with crayfish tail salad, watercress and herbs. **Cold smoked salmon** with avocado-tomato salsa, pickled fennel and herbs ((1), 2, 3, 5, 6, 11, 13), **GFB**
- **Pepper marinated cucumbers** with cream cheese, fermented pepper, radishes and herbs. **Chicken salad** with bacon, San Marzano tomatoes and watercress. ((1), 2, 6, 11, 13), **GFB**
- **Eggs and prawns** with lime mayo, San Marzano tomatoes and herbs. **Fish fillet** with remoulade, lemon and herbs (1, 2, 3, 5, 11, 13), **LF**
- **Fish fillet with prawns**, dill mayo, lemon and herbs. **Prosciutto** with Italian salad, San Marzano tomatoes, pickled fennel and cress (1, 2, 3, 5, 6, 11, 13),
- **Chicken salad** with bacon, San Marzano tomatoes and watercress. **Meatball** with remoulade, pickles, red cabbage and cress ((1), 2, 6, 11, 13), **GFB**
- **The vet's midnight snack** with mustard 'sky', red onion and cress. **Roast beef** with remoulade, pickles, grated horseradish, fried onions and cress (1, 2, 7, 11, 13), **LF**
- **Roast beef** with remoulade, pickles, grated horseradish, fried onions and cress. **'Smiling eggs'** with crayfish tail salad, watercress and herbs (1, 2, 5, 6, 11, 13),

GLUTEN-FREE RYE BREAD

Option to choose gluten-free rye bread on selected open sandwich packages.

## TAPAS

Served with today's selection of three types of charcuterie, two types of cheese and the kitchen's selected side dishes. Served with focaccia bread with olive oil and rosemary and home-made crispbread (1-15).

## WARM

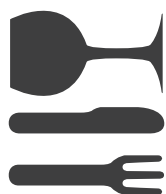
CHOOSE BETWEEN WARM PORTIONED DISHES  
Favourite, Vegetarian, Vegan, Gluten/lactose-free and Halal.

### CONTACT US

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## INCLUDED

Order from day to day  
From just 1 person  
Free of choice

**CAKE EVERY THURSDAY**

All lunch packages follow  
the normal price

JESPER TORVEKØKKEN

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